

THE MALE BAG FOUNDATION RIDE 11-13 OCTOBER 2019



Through iconic postie bike rides we raise funds for specialist prostate equipment and services to boost the detection, treatment and recovery from prostate cancer. Each participant pays for the ride costs so every dollar we raise goes to patient care that helps individuals, families and regional communities.



www.themalebagfoundation.org.au

WELCOME TO THE 2019 RIDE



Building on Success

The Male Bag Ride 2019 follows in the tread marks of our trans-Australian ride from Perth to Melbourne, rides in Tasmania, Victoria, Gippsland, Murray River District, and Victoria to Central NSW. To date we have raised just under \$1.1 million for prostate cancer research and specialist equipment and services for regional centres including Ballarat, Bairnsdale, Bendigo, Dubbo, Wagga and Griffith.

Our 2019 Mission

In 2019 our donations will be directed to improved prostate services in the Geelong region. We have set a fund-raising target of \$50,000 so we can supply biopsy machines to their centres. But we always want to raise more to improve the lives of patients, families and communities.

The Male Bag Ride, October 2019

From Friday 11 to Sunday 13 October.

The ride leaves and ends in Melbourne.

It covers 600km in 3 days for 30 riders. There are openings for those who wish to join the ride for the weekend.

Patron's Statement

I'm honoured to be the official patron of The Male Bag Foundation and 2019 Ride.

It's important we continue to spread the word about prostate cancer, in the hope that we can save more men from this insidious disease that kills over 3300 Australian men annually.

The Male Bag Foundation is a registered Tax Deductible Charity. 100% of the money raised through sponsorship goes to supporting prostate cancer, to fund awareness campaigns, diagnostic equipment and nurse support for this uniquely male disease.

I encourage you to consider being a part of The Male Bag Ride 2019.

David Parkin, OAM

Patron and Rider

The Male Bag Foundation

We have the bikes, we have the riders and lots of enthusiastic supporters – but we also need your help with sponsorship.



THE MALE BAG RIDE, 11–13 OCTOBER 2019



Day one: Friday 11 October

Depart early from Airbiz in Abbotsford to ride via the bay-side suburbs to Sorrento. A ferry ride, which includes lunch, to Queenscliff, then on to Pt Lonsdale, Barwon Heads, and Torquay, finishing in Geelong. A night of entertainment at the Little Creatures Brew House with a tour, food and drinks supplied. Overnight at the Riverglen Holiday Park.

Day two: Saturday 12 October

Breakfast at Cafe RnR, then ride the Great Ocean Road via Anglesea, Lorne (morning tea at the Grandma Shields Bakery) and on to Apollo Bay for lunch. Into the Otway Ranges via Skene's Creek, Forrest and Birregurra (Festival and Art Show participation), before returning to Geelong via Winchelsea. A surprise fundraising dinner in Cat Country that night?

Day three: Sunday 13 October

Breakfast at Cafe RnR, before heading to Drysdale via the Portarlington Rd. On to St Leonards, Indented Heads and the Jack Rabbit Winery for lunch (with partners). Home to Melbourne via Eastern Beach and the Princess Highway.

Please note: itinerary is subject to change without notice. Weather conditions can determine daily course.

Your Machine

It is expected your machine is in excellent roadworthy condition as per requirements set out by current statutory authorities. It is compulsory your machine has current and full registration and insurance.

Daily pre-ride inspection of your motorcycle is solely the rider's responsibility and is essential.

Event organisers will have mechanics on hand to help you with any inspections / checks you are unsure about. We can provide you with a hard copy pre-ride inspection sheet to help.

Your CT Honda is not a sports bike and this event is not a race. Ride to your own capabilities. For less experienced riders, we recommend to buddy up with a rider who has much more practical skill and hours in the saddle.

*Love your Postie Bike and
it will love you back.*





SADDLE UP FOR THE MALE BAG RIDE 2019

You don't have to be an experienced rider to join The Male Bag Ride 2019. For Melbourne residents we also offer half day rides once a month. These are fun days and will help tune up your riding skills.

The Ride

The overall ride number is limited to 30, so don't hold back from registering your interest in doing the entire Male Bag Ride 2019. You must have a current motorcycle license. A \$200 deposit with secure your place on this great event.

Cost

The total cost for full participation on the Ride is \$550. We require a \$200 deposit to secure your place with the balance, of \$350, to be paid by 1 September 2019. Payment to be made to our Westpac account:

BSB 033-039 Account No. 763946

Payments should be referenced with your surname.

Each rider is also expected to raise \$1000 in donations and sponsorship. The foundation will assist if required.

Hire a postie bike

We have a limited number of postie bikes for hire. Again, be quick to register your interest.

Apply or Register Your Interest ASAP!

To register your interest in The Male Bag Ride 2019 and receive your application email: rob@themalebagfoundation.org.au with your details:

Name Postal address

Email Mobile/Phone

Dear Male Bag Foundation

1. Count me in as a rider for the full The Male Bag Ride 2019
2. I am thinking about joining the The Male Bag Ride 2019 so please keep me updated

Contact

Chairman Robert Glover
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