

THE MALE BAG FOUNDATION

Our 11-13 October 2019 Postie Bike Ride is to raise \$60,000 to fast track a transperineal biopsy machine for Barwon Health South West. **Jump aboard!**



Our Foundation is reducing the impact of prostate cancer on men and the people who love them

Our focus is giving regional Australia the best equipment & services

We welcome your support for Barwon Health South West Victoria

- Roadside 'shaker tin' donations
- Tax deductible donations to www.themalebagfoundation.org.au
- Dinner Saturday 12 October 2019, St Joseph's Football & Netball Club



Daily updates see @male_bag

11 Oct. Depart Airbiz Abbotsford, bay-side to Sorrento. Ferry to Queenscliff, Port Lonsdale, Barwon Heads, Torquay, finishing in Geelong. Evening entertainment at the Little Creatures Brew House, guided tour, food and drinks.

12 Oct. Breakfast Cafe R n R, Great Ocean Road via Anglesea, Lorne (Grandma Shields Bakery), Apollo Bay for lunch. Otway Ranges via Skene's Creek, Forrest and Birregurra (Festival and Art Show), return to Geelong via Winchelsea. Fund raising dinner at St. Joseph's Football & Netball Club.

13 Oct. Breakfast at Cafe R n R, Drysdale via the Portarlington Rd to St Leonards, Indented Heads and the Jack Rabbit Winery for lunch. Melbourne via Eastern Beach and Highway.



Our sponsors & volunteers thank you